

# **BayLight Psychiatry – Messaging & Electronic Communications Policy**

By providing your mobile phone number, you consent to BayLight Psychiatry contacting you by phone, voicemail, and text message for appointment scheduling, reminders, billing, and other administrative purposes.

## **Messaging Terms & Conditions (SMS)**

You agree to receive informational messages (including appointment reminders, scheduling updates, billing notices, and other account or administrative notifications) from BayLight Psychiatry. Message frequency may vary. Message and data rates may apply.

For help, reply HELP or email [info@baylightpsychiatry.com](mailto:info@baylightpsychiatry.com). You may opt out of text messages at any time by replying STOP.

## **Mobile SMS Messaging Privacy**

Information collected may include your name, mobile phone number, and email address. This information is used solely for healthcare-related administrative and communication purposes, including appointment reminders and practice-related notifications.

Mobile information will not be shared with third parties or affiliates for marketing or promotional purposes. Text messaging opt-in data and consent will not be shared with any third parties.

All messaging practices follow applicable CTIA guidelines.

## **Electronic Communication (Phone, Email, and Patient Portal)**

BayLight Psychiatry may communicate with you by phone, voicemail, secure patient portal, email, or text message for scheduling, administrative matters, and non-urgent concerns related to care.

These communication channels are not monitored continuously and should not be used for urgent or emergency medical concerns. If you have an urgent medical issue or emergency, please call 911 or go to the nearest emergency room.